

# Digital Renaissance Faire Workshops

## Friday

- Astral Ancestors, Essences, and Tarot  
11am-9am Evolver Space 
- Yoga for Kids  
7am-9am 
- Evolved Skin and Hair Care  
9am-11am 
- The Art of Appreciating  
9am-11am Flo Tent 
- Innocent Sensuality  
11am-1pm Sensuality Salon 
- Fundamentals of Aerial Fabric  
11am-1pm 
- Resilience Movements in your Hometown  
11am-1pm Tipi 
- Tarot, Flower Essences, and Astral Ancestors  
11am-1pm Flo Tent 
- Beginner Hoop Workshop  
12pm-2pm 
- Alternative Energy  
1pm-3pm Evolver Space 
- Connected by Words  
1pm-3pm Flo Tent 
- Letting Go of Bottled Energy Drinks  
1pm-3pm 
- Time, Space, Touch, and Dance  
1pm-3pm Open Air Space 
- The Essentials of Essential Oils  
1pm-3pm Flo Tent 
- Intermediate Poi Skills Workshop  
2pm 
- Intermediate Staff Skills  
2pm 
- Beginner Sword Workshop  
3pm 
- Aztek Re-Evolution Program  
3pm-5pm Tipi 
- Aztek Re-Evolution Program  
3pm-5pm Tipi 
- Play Tibetan Singing Bowls  
3pm-5pm Sensuality Salon 
- Making a Gift Economy Work  
5pm-7pm Flo Tent 
- Synergy Movement: Returning to Nature  
5pm-7pm Sensuality Salon 










## Saturday

- Mindful Flow Yoga  
7am-9am Evolver Space 
- Aztek Re-Evolution Program  
9am-11am Tipi 
- Connected Words  
9am-11am Flo Tent 
- Intro to Energy Healing and Reiki  
9am-11am 
- Make your own Maori Poi  
9am-10am 
- The Liquid Body: Contact Improv Basics  
11am-1pm Open Air Space 
- Fundamentals of Aerial Fabric  
11am-1pm 
- Intro to Energy Healing and Reiki  
11am-1pm Tipi 
- Rich and Potent: Superstar Foods  
11am-1pm 
- Sexabilities!  
11am-1pm Sensuality Salon 
- Tarot, Flower Essences, and Astral Ancestors  
11am-1pm Flo Tent 
- The Art of Appreciating: Courage to Receive  
11am-1pm Evolver Space 
- Beginning Mini-Hoops  
12pm 
- Beginner Fans  
1pm 
- Financial Planning: Festival-Style  
1pm-3pm Flo Tent 
- Resilience Movements in your Hometown  
1pm-3pm Tipi 
- Sex Magic and Erotic Influence  
1pm-3pm Sensuality Salon 
- The Essentials of Essential Oils  
1pm-3pm Flo Tent 
- Wax on Canvas  
1pm-3pm 
- Basic Fire Safety  
2pm 
- Alternative Energy  
3pm-5pm Evolver Space 
- Beginner Sword Workshop  
3pm-5pm 

## Saturday

- Earth & Air Partner Yoga  
3pm-5pm Flo Tent 
- Evolved Skin and Hair Care  
3pm-5pm Tipi 
- Fundamentals of Aerial Fabric: Intermediate  
3pm-5pm 
- Hug It Forward  
3pm-5pm Sensuality Salon 
- Intro to Energy Healing and Reiki  
3pm-5pm 
- Flow Ideology  
4pm 
- Staff Handling: Hand Skills and Tossing  
4pm 
- Basics of Blinky  
5pm-7pm Evolver Space 
- Navigating Altered States  
5pm-7pm Tipi 
- Synergy Movement: Returning to Nature  
5pm-7pm Evolver Space 

## Sunday

- Mindful Flow Yoga  
7am-9am Evolver Space 
- Vinyasa Flow Yoga  
7am-9am 
- Play Tibetan Singing Bowls  
9am-11am Tipi 
- Sexabilities!  
9am-11am Flo Tent 
- Evolved Skin and Hair Care  
11am-1pm 
- Play Tibetan Singing Bowls  
11am-1pm Tipi 
- Tarot, Flower Essences, and Astral Ancestors  
11am-1pm Evolver Space 
- The Art of Appreciating: Courage to Receive  
11am-1pm Tipi 
- The Essentials of Essential Oils  
11am-1pm Flo Tent 
- Beginner Hoop Workshop  
12pm-2pm 
- Plant Propagation for Beginners  
1pm-3pm Evolver Space 

## Sunday

- Wax on Canvas  
1pm-3pm 
- Connected by Words  
1pm-3pm Flo Tent 
- Astral Ancestors, Essences, and Tarot  
1pm-3pm Open Air Space 
- Beginning Mini-Hoops  
3pm 
- Beginner Sword Workshop  
3pm-5pm 
- How to Live a Cell Phone-Free Life  
3pm-5pm Evolver Space 
- Innocent Sensuality  
3pm-5pm Sensuality Salon 
- Integrating Flow and Dance  
3pm-5pm 
- Resilience Movements in your Hometown  
3pm-5pm Tipi 
- Hug It Forward  
3pm-5pm Flo Tent 
- Introduction to Energy Healing and Reiki  
3pm-5pm Tipi 
- Making a Gift Economy Work  
7am-9am Flo Tent 
- Synergy Movement: Returning to Nature  
3pm-5pm Sensuality Salon 

## Monday

- Mindful Flow Yoga  
7am-9am Evolver Space 
- Partner Yoga  
7am-9am Sensuality Salon 
- Intro to Energy Healing and Reiki  
9am-11am Flo Tent 
- The Art of Appreciating  
7am-9am Flo Tent 
- Synergy Movement: Returning to Nature  
11am-1pm Tipi 
- Alternative Energy  
1pm-3pm Evolver Space 
- Aztek Re-Evolution Program  
1pm-3pm Tipi 
- Connected by Words  
1pm-3pm Flo Tent 
- Play Tibetan Singing Bowls  
3pm-5pm Tipi 



This is OUR event and these workshops are designed to promote personal growth while being immersed in a nurturing-augmented environment. By attending a workshop you show your support to not only the presenter, but the community as a whole. Be excellent to one another!

