

The Digital Renaissance Faire Presents

Saturday Workshops

Earth & Air Partner Yoga

This workshop covers Partner Asana and an Introduction to Flying Yoga through playful exploration of conscious touch, through surrender, and trust. All levels welcome, all that is required is a willingness to try something new! Bring a partner or meet a new friend!

3pm-5pm

Air Village
Flo Tent

Iana Socha

Evolved Skin and Hair Care

This workshop will teach participants how to spend no more money than they would at a drug store for the highest quality hair, skin and nail care. Participants can test products that restore vibrancy to dry or processed hair, irritated skin, and damaged nails.

3pm-5pm

Fire Village
Tipi

Sarah Koplowitz

Fundamentals of Aerial Fabric: Intermediate

Picks up where the beginners fundamentals class leaves off. Will begin with an extensive yoga-based warm-up (45mins). Techniques covered include the double-leg lock and all more advanced skills.

3pm-5pm

Water Village

Tahoe Cielo Aerialists

Hug It Forward

In this work shop you will learn ways to improve the connection between you and the one you are hugging. Practice hugging strangers so you can give and get more hugs out in the world. Learn ways to compassionately avert unwanted hugs. COME GET SOME HUGS!!

3pm-5pm

Earth Village
Sensuality Salon

Aravel Forbes

Intro to Energy Healing and Reiki

An introduction course that will allow anyone to understand the healing properties of energy and reiki. Healing demonstrations of reiki will be performed by certified masters. Oracle consultations will be available.

3pm-5pm

Water Village

David Avatara and Misha

Flow Ideology

Ever wonder what sets an alright fire dancer apart from an amazing one? In this workshop the ideology of flow will be explored.

4pm

Fire Village

Lucas Reshi

Staff Handling: Hand Skills and Tossing

Friar tuck better move out of the way. Join the very talented Bill Haack and Shayna Conant as they bestows their staffing knowledge upon ye!

4pm

Fire Village

Bill Haack and Shayna Conant

Basics of Blinky

Basics of Blinky covers the ins and outs of how to get yo' light on. Fundamentals of luminescent technologies and their respective power sources. Students will get to leave the workshop with their very own hand crafted blinky! 25 person max, so show up early!

5pm-7pm

Earth Village
Flo tent

Evin Revello

Navigating Altered States

In this workshop important factors to consider when navigating altered states of consciousness will be explored. Through lecture, sharing, and experiential exercises we will enrich your psychonaut toolkit and activate your inner shaman!

5pm-7pm

Fire Village
Tipi

Meriana Dinkova

Synergy Movement: Returning to Nature

A guided discussion going through the different areas of life on this planet and how far Homo Sapien have deviated from our lives 200,000 years ago. Topics include failing health, our environment, human extinction possibilities, and decreased happiness levels.

5pm-7pm

Earth Village
Evolver Space

Kelsey Kirkpatrick

Memorial Day Weekend 2013