

The Digital Renaissance Faire Presents

Monday Workshops

Mindful Flow Yoga

Become more mindful of your flow by slowing down and enjoy life.

7am-9am

Earth Village
Evolver Space
Candace Poirier

Partner Yoga

This is a beginner/intermediate-level partner yoga class which focuses on communication skills to build trust, strength and flexibility through an interactive and solo yoga flow practice. All levels and all ages welcome; similarly sized partners is helpful.

7am-9am

Earth Village
Sensuality Salon
Andrea Creo

Intro to Energy Healing and Reiki

An introduction course that will allow anyone to understand the healing properties of energy and reiki. Healing demonstrations of reiki will be performed by certified masters. Oracle consultations will be available.

9am-11am

Air Village
Flo Tent
David Avatara and Misha

The Art of Appreciating: Courage to Receive

Have you seen how pervasive and enforced this "modesty" meme is throughout cultures around the world? Learn how to overcome the fear of not expecting much using our sense of possibility to learn how to create the lives and world we want.

11am-1pm

Air Village
Flo Tent
Paul C. Hoffman

Synergy Movement: Returning to Nature

A guided discussion going through the different areas of life on this planet and how far Homo Sapien have deviated from our lives 200,000 years ago. Topics include failing health, our environment, human extinction possibilities, and decreased happiness levels.

11am-1pm

Fire Village
Tipi
Kelsey Kirkpatrick

Alternative Energy

In this workshop alternative energy information will be discussed. Ideas such as solar spin art, hydroxy production, and photoluminescence materials will be explored.

1pm-3pm

Earth Village
Evolver Space
Nick Stone

Aztek Re-Evolution Program

A joyful reunification with your cosmic identity. Pre-hispanic contact of the cultures of the western hemisphere languages, symbolism, pyramids, and ceremonies will be explored. The Aztec Calendar will be discussed as an astronomical almanac which helps guide our interactions with the cosmos.

1pm-3pm

Fire Village
Tipi
Mazatzin's

Connected by Words

This workshop covers the basics of public speaking, the social benefit of communication, the dynamics of words related to the words conveyed, how to draw people in, how to make them comfortable around you, and how to better connect with people through communication.

1pm-3pm

Air Village
Flo Tent
K.D. Beebe

Play Tibetan Singing Bowls

If you are curious about Tibetan Singing Bowls, then come meet some! We will go over some basics about sound energy, and you will get to play some bowls yourself in traditional, ceremonial, therapeutic and fun ways.

3pm-5pm

Fire Village
Tipi
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Memorial Day Weekend 2013